



**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH  
TRANSITION AGE YOUTH SYSTEM OF CARE**



# **CENTER FOR THE ASSESSMENT AND PREVENTION OF PRODROMAL STATES**

The Center for the Assessment and Prevention of Prodromal States (**CAPPS**) is an evidence-based treatment provided through Los Angeles County Department of Mental Health (LAC-DMH) Prevention and Early Intervention (PEI) Program. The **CAPPS** program provides family-focused treatment targeting adolescents and young adults, ages 16-25, at high risk for developing psychosis (prodromal phase) or experiencing their first psychotic break.

Services provided to the youth and their family includes: Comprehensive intake evaluation, Family Focused Therapy for Individuals at Clinical High Risk for Psychosis (FFT-CHR), psycho-education, communication enhancement, problem solving, and skill building. Also provided are Psychiatric Assessments, Medication Support, Case Management, and linkage to needed resources.

## **SERVICE DELIVERY SITES**

### **Penny Lane (SA 1)**

43520 Division Street  
Lancaster, CA 93535  
(661) 266-4783 x 2262

### **San Fernando Valley Community MHC (SA 2)**

14535 Sherman Circle  
Van Nuys, CA 91405  
(818) 528-8887

### **The Help Group (SA 5)**

12099 W. Washington Blvd., Suite 200  
Culver City, CA 90066  
(310) 751-1174

### **Telecare Corporation (SA 6)**

New Address Pending  
  
(562) 977-4988

### **Telecare Corporation (SA 7)**

9901 Artesia Blvd.  
Bellflower, CA 90706  
(562) 977-4988

### **Special Service for Groups – OTTP (SA 8)**

19401 S. Vermont Avenue, Suite A200  
Torrance, CA 90502  
(310) 323-6887 x318

## **For more information about our CAPPS Program, please contact:**

**Sermed Alkass, PsyD, CAPPS Practice Lead**  
**Transition Age Youth System of Care Bureau**  
**salkass@dmh.lacounty.gov**  
**(213) 738-4715**



WELLNESS • RECOVERY • RESILIENCE

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## CENTER FOR THE ASSESSMENT AND PREVENTION OF PRODROMAL STATES

### REFERRAL FORM

#### Consumer Information

LAST NAME:	_____	FIRST NAME:	_____
DOB:	_____	SSN:	_____
IS #:	_____		
ETHNICITY:	_____	PREFERRED LANGUAGE(S):	_____
GENDER ASSIGNED AT BIRTH:	_____	GENDER EXPRESSION:	_____
SEXUAL ORIENTATION:	_____		
ADDRESS:	_____		
PHONE NUMBER(S):	_____		

#### Parent/Legal Guarding Information

NAME OF PARENT/GUARDIAN:	_____
RELATIONSHIP:	_____
PREFERRED LANGUAGE(S):	_____
PHONE NUMBER(S):	_____

#### Reason for Referral

PLEASE BE SPECIFIC:
_____
_____
_____

#### Completed By

STAFF NAME:	_____	PHONE NUMBER:	_____
AGENCY NAME:	_____	DATE SUBMITTED:	_____

**\*Please submit to designated CAPPS Provider and/or CAPPS Practice Lead.**